

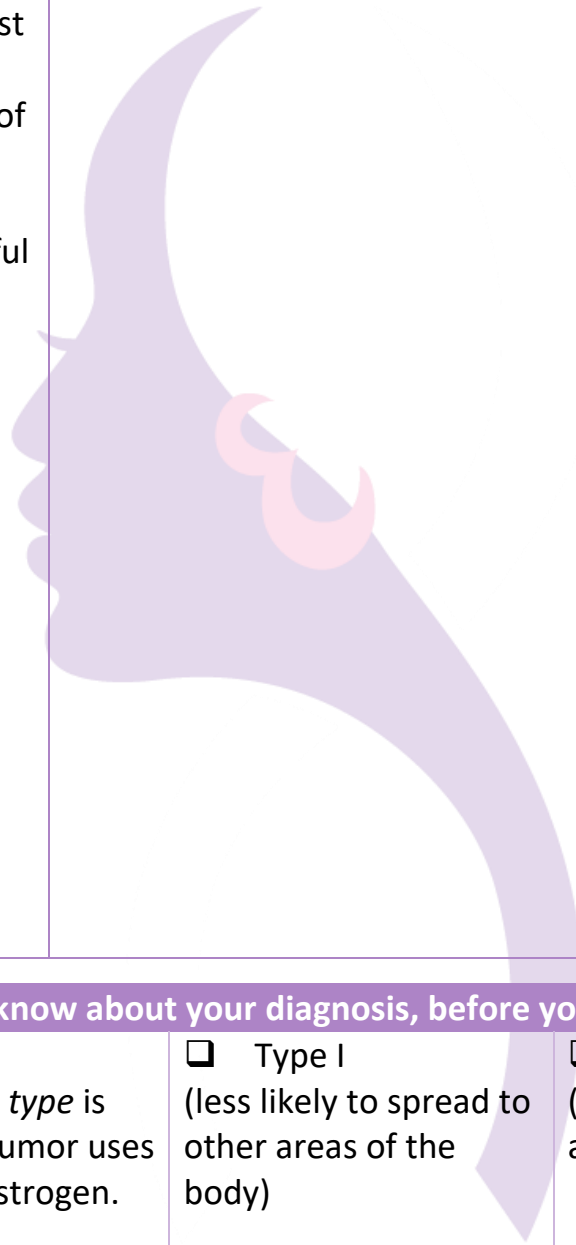
# Know Before You Go: Surgery

## Notes and questions:

You will want to take notes on the goals of your treatment.

Write out your questions ahead of time, and ask the question that is most important to you at the very beginning of the visit.

It may also be helpful to bring a tape recorder to every appointment.



## What you need to know about your diagnosis, before you have a treatment plan:

### Type:

Endometrial cancer *type* is based on how the tumor uses a hormone called estrogen.

#### Type I

(less likely to spread to other areas of the body)

#### Type II

(more likely to spread to other areas of the body)

### Grade:

Endometrial cancer *grade* is based on how cancer cells look under a microscope, compared to healthy cells.

#### Grade 1

(the most similar to healthy cells, *usually* Type I)

#### Grade 2

(*usually* Type I)

#### Grade 3

(the least similar to healthy cells, *usually* Type II)

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My surgery plan			
<b>Name of the doctor performing the surgery:</b>			
<b>Type of procedure:</b>  The most common treatment for endometrial cancer is surgery that removes the uterus and ovaries. Your surgeon may also recommend removing lymph nodes in your abdomen as well. This helps to decide if you need more treatment after surgery.	<input type="checkbox"/> Removal of uterus and ovaries, no planned removal of lymph nodes (Hysterectomy = removal of uterus, oophorectomy = removal of ovaries)	<input type="checkbox"/> Removal of uterus, ovaries, and lymph nodes (Hysterectomy = removal of uterus, oophorectomy = removal of ovaries, Lymphadenectomy = removal of lymph nodes)	<input type="checkbox"/> Other
	<b>How the surgery will be done:</b>	<input type="checkbox"/> Minimally invasive (laparoscopy = one or more small incisions)	<input type="checkbox"/> Abdominal (laparotomy= a larger incision in the abdomen)

My after-surgery plan:				
<b>Stage:</b>  Endometrial cancer <i>stage</i> can only be determined with surgery. Stage helps your team know what the next step of care should be.	<input type="checkbox"/> Stage 1 (The cancer is found only in the uterus, and it has not spread to other parts of the body.)	<input type="checkbox"/> Stage 2 (The cancer has spread from the uterus to the cervix, but not to other parts of the body.)	<input type="checkbox"/> Stage 3 (The cancer has spread beyond the uterus and cervix, but it is still only in the pelvic area.)	<input type="checkbox"/> Stage 4 (The cancer has spread to organs outside the pelvic area.)
	<b>Radiation after surgery:</b> Using <i>high-doses of X-rays</i> to kill cancer cells.	Am I getting radiation? <input type="checkbox"/> Yes <input type="checkbox"/> No		Use ECANA's "Radiation: Know Before You Go"
<b>Chemotherapy after surgery:</b> Using <i>drugs</i> to kill cancer cells.	Am I getting chemotherapy? <input type="checkbox"/> Yes <input type="checkbox"/> No		Use ECANA's "Chemo: Know Before You Go"	

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## Your care team

### My information:

Medical record #:

Emergency contact name and phone #:

Pharmacy #:

Pharmacy Address:

**Remember:** you are the captain of your care team! You always have the right to ask questions & get second opinions.

Keep track of appointments here

↓ ↓ ↓ ↓ ↓ ↓

### Primary care doctor

Name:

Phone:

Office location:

### Obstetrician-gynecologist

Name:

Phone:

Office location:

### Gynecologic oncologist

*(Reproductive organ cancer specialist)*

Name:

Phone:

Office location:

### Medical oncologist

*(Cancer specialist)*

Name:

Phone:

Office location:

### Radiation oncologist

*(Specialist in using radiation to treat cancer)*

Name:

Phone:

Office location:

### Social worker

Name:

Phone:

Office location:

### Other:

Name:

Phone:

Office location:

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